

Healthy/HAPPENINGS

Jefferson County Public Health WIC

JEFFERSON COUNTY PUBLIC HEALTH WIC
615 Sheridan St. Port Townsend, WA 98368



November 2013

“Christmas for Children” now taking applications



Important
healthcare
NEWS
(see reverse)

Families in need this holiday season living in Port Townsend, Irondale, Port Hadlock, Norland or Chimacum may submit applications for assistance.

Application forms for assistance are available at:

- Port Townsend Food Bank, Mountain View Commons, 1925 Blaine St., Port Townsend
- Tri-Area Food Bank, 10 W. Valley Road, Chimacum; and
- First Federal Bank, 1321 W. Sims Way, Port Townsend

The forms are also available online at ptkiwanis.org

To be considered, applications **must be returned by November 30th** to one of the locations listed above or emailed to christmas4children@hotmail.com

Questions? Contact “Christmas for Children” volunteers by email at christmas4children@hotmail.com or by leaving a message at 379-4207.

Want to be featured
in our next
WIC Newsletter?

We'd love for you
to share your
story with us!

Does your food budget need a boost?



WIC has openings!

Call 385-9400
to sign up!



A WIC Clients Breastfeeding Success Story

My name is Lynne and I have a one year old named Isabelle. When I found out I was pregnant I knew I wanted to breastfeed. I had complications in the beginning. Isabelle was having trouble latching on. I stuck with it and when she was around 3 months old she was latching on just fine. I recently quit breastfeeding when she turned one. It was a great experience and the best thing for my daughter.

— Lynne Kennedy —



Thanks for sharing, Lynne!

Lynne & Isabelle

SmileMobile returns November 12th



After a very successful visit to Port Townsend in July, the SmileMobile will return to Port Townsend the week of November 12—15 and Chismacum November 18—26.

For more information or to schedule an appointment call:
Julie at SmileMobile: 1-888-286-9105



Children ages 0-6 years old who are on Medicaid living in Jefferson County are eligible for free services, which helps connect the child with a local dentist.

Program benefits:

Dental exams
Restorative care as needed

Contact Susan Giles 360-460-3007

Get Covered!

**FREE OR AFFORDABLE HEALTH INSURANCE
for you and your family**

The Affordable Care Act (ACA) means that the millions of uninsured Americans will now have free or affordable options to get health insurance!

- Even if you were denied Medicaid before, you might be newly eligible!
- October 1, 2013 you can apply at the new online insurance marketplace!
- January 1, 2014 use your new coverage to visit the doctor and get healthy!

Learn more and apply!

- To apply at the new online insurance marketplace: www.wahealthplanfinder.org
- To learn basic information on the law visit: www.kff.org/health-reform/
- For in-person help contact Jefferson County Public Health, Jefferson Healthcare, or Olympic Area Agency on Aging.



Family Fun Night at the Rec Center

Fee: \$1.00 per participant at the door



Nov 1st Bouncy Castle	Nov 8th Roller Skate Night	Nov 15th FREE Movie Night	Nov 22nd Rec Kid Fit
*Family Friendly	*Family Friendly Roller Skate, Scooter or Roller blades	*Family Friendly Harry Potter and the Sorcerer's Stone (Rated PG)	*Family Friendly

For more information contact Kaylie Webber at
(360) 385-2221 or kwebber@countyrec.com
WWW.COUNTYREC.COM

Breastfeeding Tea



Come join the breastfeeding tea fun!

Wednesdays 1:30 pm

Jefferson County Public Health

- Visit with other moms
- Relax & have tea
- All breastfeeding, pregnant women, children & babies welcome
- Ask a breastfeeding expert

Questions: 385-9400